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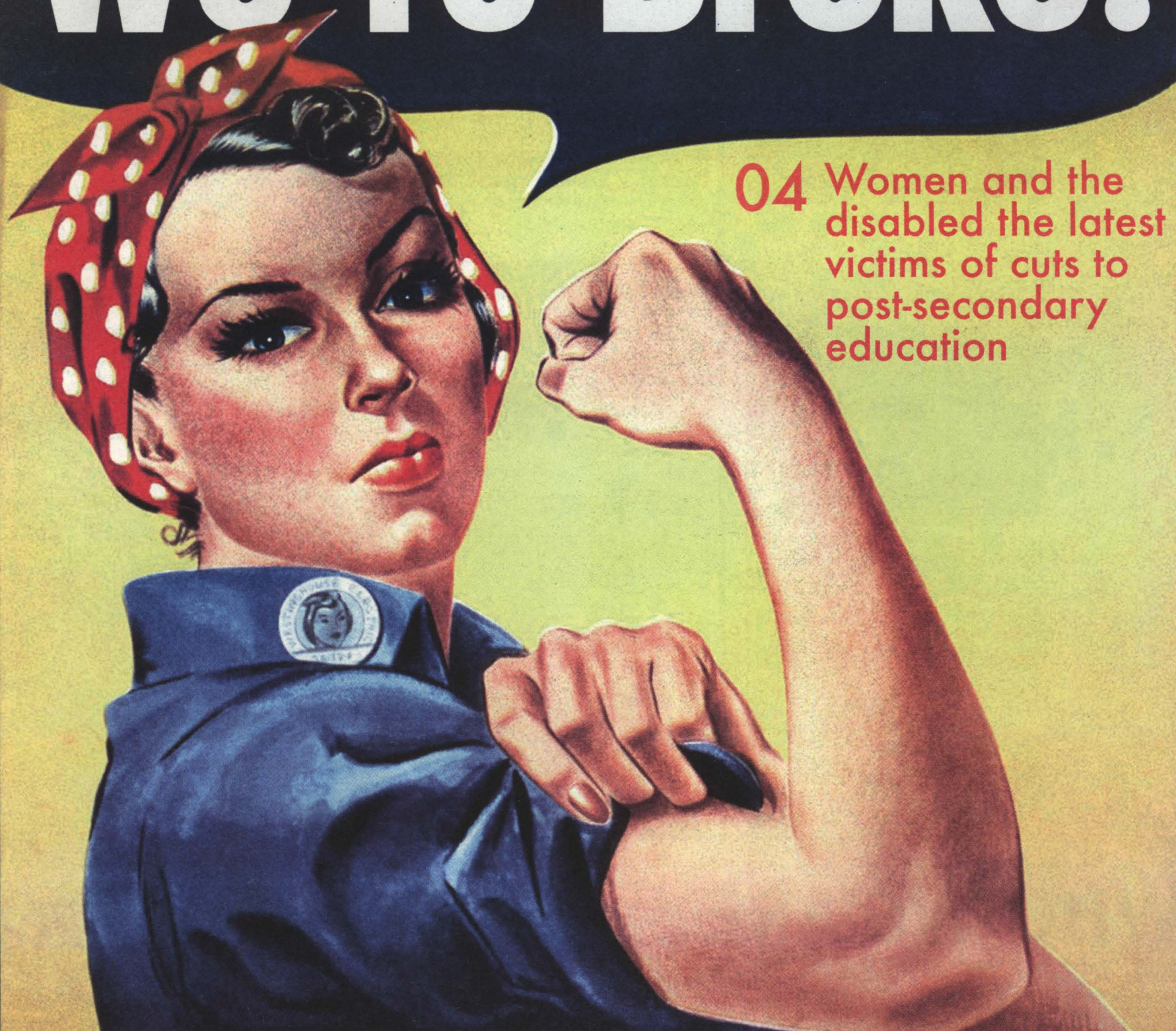
PRESS

theotherpress.ca

the Douglas College student newspaper since 1976

Issue 30, Vol 35, August 4/09

We're Broke!



04 Women and the disabled the latest victims of cuts to post-secondary education

06 The joys of small town life

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08 How safe are energy drinks?

15 Looking forward to Douglas College intramurals



"Guess" by Ellen Lee

WRITE FOR US!

Anyone can get published in the Other Press! Just email your story to the appropriate section editor from the list on the right.

Please send your file as an MS Word doc file, and include your full name, email address, and word count.

The weekly deadline for submissions is Wednesday night for publication the following Monday. Letters to the Editor and "time-sensitive" articles (weekend news, sports, and cultural reviews) will be accepted until Saturday at noon and can be submitted to the editor at editor@theotherpress.ca

Submissions will be edited for clarity and style.

The Other Press will pay \$50 to any student who writes an article of at least 1,000 words for the "features" section. Submit story ideas to the Editor in Chief. Offer good once per semester per student.

The Other Press holds weekly staff meetings at 6 PM on Mondays in room 1020 of the New Westminster campus. All interested students are welcome.

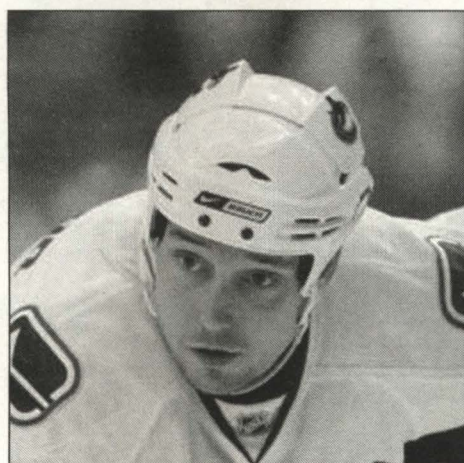
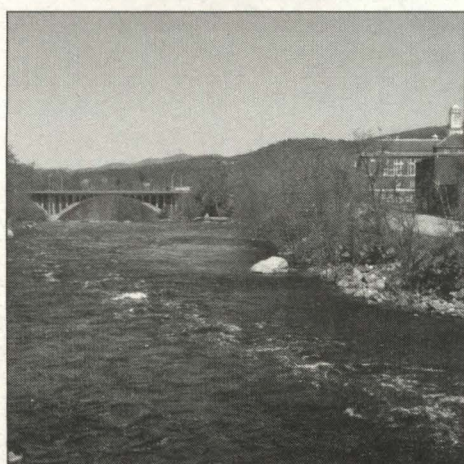
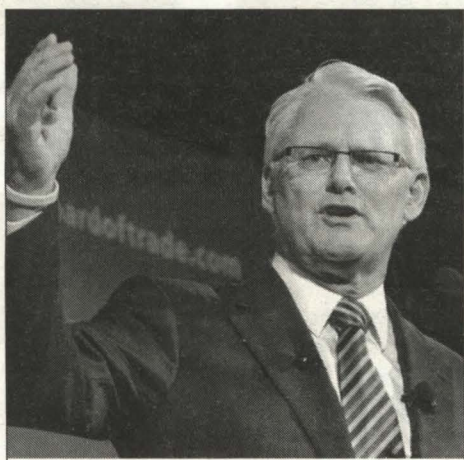
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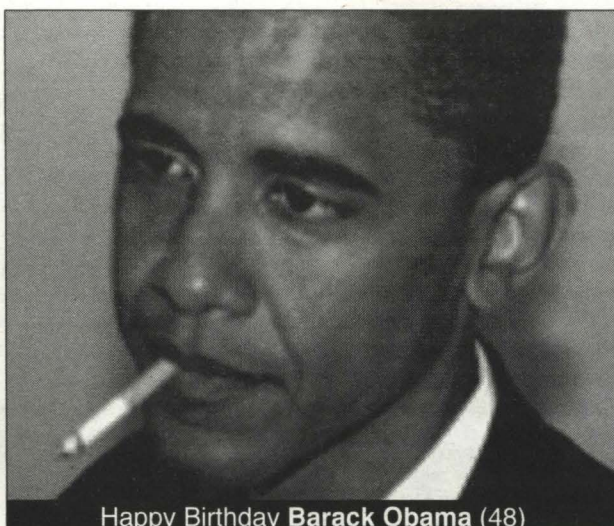
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Happy Birthday Barack Obama (48)

THE OTHER PRESS

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WHO WE ARE

The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. Today we are registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by and from our staff. Our head office is located in the New Westminster campus.

The Other Press is published weekly during the fall and winter semesters, and monthly during the summer. We receive our funding from a student

levy collected through tuition fees every semester at registration, and from local and national advertising revenue. The Other Press is a member of the Canadian University Press (CUP), a syndicate of student newspapers that includes papers from all across Canada.

The Other Press reserves the right to choose what we will publish, and we will not publish material that is hateful, obscene, or condones or promotes illegal activities. Submissions may be edited for clarity and brevity if necessary. All images used are copyright to their respective owners.

I am a giant nerd with no life (and so can you!)

Kicking an addiction is the hardest thing in the whole damn world you can do. To hell with astronauts and firefighters; if you can give up speed or booze or smoking, they ought to give you a tickertape parade and a sash or something.

When I started to get clean, I didn't think I could make it. Hell, even if I did, I didn't think it was worth it to make it. The fix begins to change the way your life is oriented. All your friends are into it, you've spent all your money on the stuff and you can't really envision a life without it. Hell, at age 13, I didn't think I'd ever live without it. I was living my life one booster at a time.

But finally, after years of living my life in a swirl of gibberish and colours—red, white, green, blue, black—I had enough. I went to the dealer with all my unused product, and I said, "Please, man, just take it from me. Take it all. Take all my Magic cards."

That's right, Magic cards, properly known as Magic the Gathering. I was hooked, and it was not good.

Fortunately, I was able to trade the comic book shopowner all my cards for about \$20, which I promptly spent on something sensible: a few point of heroin and a few hypodermic needles.

And let me tell you, I've never looked back.

Magic the Gathering, for those unfamiliar, was a fantasy-themed card game where the point was to play "magic spells" (a.k.a. cards that had sweet demonic imagery on them) and beat an opponent. It was sort of like Pokémon cards, but way more badass.

Magic was collectible, and you had to drop a ton of coin to get the good cards. Let's just say that as a 13 year old, my allowance never accumulated much value. As soon as I earned five bucks, I spent it on cards. That damn comic shop owner must've made a mint off of me.

I know this trip down dorky memory lane is probably going to be polarizing for my dearest readers. Half of you are big dorks who played magic cards and totally get what I'm saying. To you, read on.

The other half of you had friends in middle school. You guys can blow me.

Anyways, the reason for this nerdcore

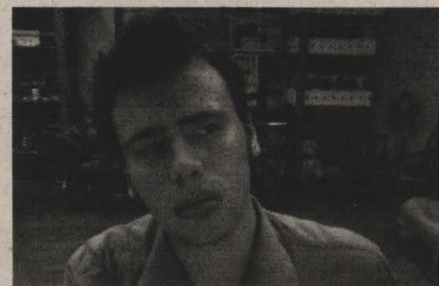
reminiscing is because thanks to the good folks at Xbox, that sweet stuff is back in my life. They have a downloadable Magic card game that lets you play online against friends with Xbox, and it is definitely taking me back 10 years. Which is dangerous, because if I do have to go back 10 years mentally, it may just destroy my brain. Will I start thinking that Smash Mouth is a cool band again? Will I start wearing sweatpants out of the house again (admit it, wearing sweatpants and not showering were the two best things about pre-high school life). Or maybe I'll just complete the transition physically and start rubbing salami on my face to get my acne juuuuuust right.

It's nothing new for a video game to control my life, but this Magic Card game is something else. It's something else because for one thing, I'm using the most advanced video game machine ever made to play a game that probably could be replicated on a Nintendo 64 (or even a deck of cards for that matter). It's something else because it has me feeling that all these years since middle school are simply a tease to put me right back into middle school.

And most of all, it's something else because it allows you have a virtual addiction. Which I'm afraid could lead to a real-life addiction if I'm not careful. I hope Sweet Lady H doesn't get too jealous.

Your friend in high fidelity,

Liam Britten
Editor-in-Chief
The Other Press





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VANDU unites drug users, establishes platform

B.C./Yukon Association of Drug War Survivors is formed



Shaylee Perez
staff reporter

On June 12-14, 2009, the first-ever Pacific Summit on Drug User Health took place at the Delta Hotel on West Hastings Street.

Hosted by the Vancouver Area Network of Drug Users

(VANDU), the summit brought together over 100 active drug users from British Columbia and the Yukon, as well as non-user volunteers and professionals from Vancouver Coastal Health and Pivot, a non-profit legal advocacy organization located in the downtown eastside. A goal of the meeting was to unite the sentiments of former and current users.

"This is the first time the voice and intelligence of people who use illegal drugs dominated a process that focused on actions, rather than making a list of wrongs done to them, which I think was understood," explained Ann Livingston, executive director of VANDU.

Born of this three day summit is the B.C./Yukon Association of Drug War Survivors. While the group is still in the planning stage, this excerpt taken from their six-point statement of unity indicates the purpose of the organization.

"We are a group of survivors of the drug war. We strive for social justice and advocate for human rights for people who use drugs. We work to eliminate the discrimination, criminalization, stigmatization and isolation of people who use drugs in all areas of social, economic and political life."

The association is to be separated into the same regions that exist already under the B.C. Health Care system: Fraser Health, Vancouver Coastal Health, Interior Health, Northern Health, and Vancouver Island Health Authority. Barry Shantz and Jason Wilcox, both harm reduction advocates from Abbotsford, are to be responsible for the Fraser Health region, which encompasses the area from Burnaby to the Boston Bar. Roughly 30 per cent of all drug users in B.C. fall under their jurisdiction.

It is a vast undertaking, hindered by lack of funding,

and policies such as the 2005 zoning bylaw amendment in Abbotsford that bans "needle exchanges, safe-injection sites, mobile dispensing vans, methadone treatment facilities and other types or similar uses" and the "one for one" needle exchange process as well as limited hours of operation for existing exchange sites.

"We are alarmed at the condition of drug user health in Surrey. Surrey's big problem is the one for one system. You bring one syringe in, you get one out. Well, if you need 10, and you can only manage to bring in six on a Friday before closing, you can't make it through the weekend," said Shantz, member of the Abbotsford Mental Health and Addictions Working Group.

Shantz and Wilson (who has been HIV positive for 16 years) are currently looking for meeting space and funding for their regional portion of the group.

The B.C./Yukon Association of Drug War Survivors is the fourth user group to be facilitated by the Vancouver Area Network of Drug Users. A registered non-profit, VANDU is funded by the Vancouver Coastal Health Authority.

For more information, visit <http://vandu.org>.



Douglas College Wrap Up

By John Morrison III and Shaylee Pérez

Late Summer Orientation

Don't forget that there are two more opportunities to learn more about Douglas College before the fall!

The Office for New Students is hosting Late Summer Orientation, a chance to get your student ID cards, purchase books, tour the college, meet staff and faculty and get involved in clubs and organizations on campus.

Pre-registration is required 24 hours in advance. To do so, visit tinyurl.com/orientation-reg

Late Summer Orientation takes place at the David Lam Campus on August 8 and at the New Westminster campus on August 15.

Nursing students raise money for graduation

Students of the psychiatric nursing bachelor's degree program have been hard at work raising money to fund their graduation events in May of 2011.

On July 25, they held a car wash in Coquitlam and last March they hosted a bake sale, offering cupcakes, Rice Krispie squares and other homemade goods. Both events were big successes.

Anyone interested in contributing or volunteering can contact Sharon at sharon7.ma@gmail.com

DSU hosts another barbeque

On Friday, July 10, the Douglas Students' Union hosted a free barbeque and dance party, complete with DJ. The affair was Hawaiian themed and ran from 6 p.m. to midnight. Liquor was available for purchase with valid ID. Attendance was high, with security present to keep things running smoothly.

Province cuts \$16 million in student aid

Cuts especially affect women, the disabled

By John Morrison III, News Editor

Despite promises to the contrary, the provincial government has decided to cut millions of dollars in financial aid programs.

With the discontinuation of the federally-backed Canadian Millennium Scholarship Fund this year coupled with rising unemployment levels, many students are facing financial crisis.

"This is the worst possible time to be cutting financial aid. Young workers are usually the first to be laid off and we rely on student aid programs to get through rough patches," stated Shamus Reid, chairperson of Canadian Federation of Students - British Columbia.

Six student financial aid programs are to be eliminated with more placed under review or delayed by the provincial government. In total, the cuts reduce funding for student aid from \$116 million to \$100 million in B.C. No public announcement has been made. Students will be notified by letter or phone call.

The information became available to public only after internal government communication was leaked to media on July 22.

The cuts stem from the provincial government's attempt to reduce costs by



at least \$1.9 billion over three years, \$589 million of it this fiscal year, the *Vancouver Sun* reports.

The government "had to make some difficult decisions," according to Moira Stilwell, advanced education minister

Those "difficult decisions" will have the greatest effect on nursing, health care, and home-support programs, the disabled, and those repaying their student loans.

"The program cuts will disproportionately hurt people with a disability and women," suggested Reid, referring to the Permanent

Disability Benefits Program and loan forgiveness in areas dominated by women, such as early childhood education and healthcare.

The *Vancouver Sun* quotes Margaret Dhillon of the BC Nurses Union, who called the funding cuts "short sighted" and "counter-intuitive."

"I don't know why they would even consider [cutting financial aid] in a profession that is in such an acute shortage," said Dhillon. While \$2.66 million in bursaries for nursing students was available last year, today that figure has shrunk to \$1 million.

Among the programs being discontinued are the Permanent Disability Benefits Program, the Debt Reduction Program (which had been distributed with funds from the Canadian Millennium Scholarship Program), the Loan Reduction for Residential Care Aide and Home Support Workers Programs, the Health Care Bursary, and the Premier Excellence Award. The Early Childhood Educator Loan Assistance Program is under review, and the Repayment Assistance Program is delayed.

For more information, contact Student Aid B.C. or visit Douglas College's Financial Aid offices.

News Shorts

By John Morrison III

Police, fire personnel from around the world compete

Metro Vancouver is hosting the 2009 World Police & Fire Games from July 31 to August 9.

The Games, which are held every second year, are a celebration of comradeship, community and competition featuring a variety of events both unique and specialized.

Active and retired law enforcement and fire service personnel throughout the world will compete in such events over 60 events including as wrist wrestling, orienteering, skeet shooting, and paintball.

More than 10,000 participants are expected, which exceeds the participation of the Commonwealth Games, only slightly fewer than that of the Summer Olympics. This is the 13th time the World Police & Fire Games have been held.

Family study seeks participants

The University of British Columbia is making a call for participants in a study about the joys and struggles of family life.

The study is gathering information about issues such as education, financial planning, and children's extra-curricular activities that might help middle schools and community organizations with program enhancement and development.

Students of Douglas College who have children are encouraged to participate. Parents of children in Grades 5-9 can contact Amie McLean for further details by email at amie_mclean@sfu.ca

HST to boost business, cost consumers

By John Morrison III, News Editor

Premier Gordon Campbell announced plans for the harmonization of the Provincial Sales Tax (PST) and federal Good and Services Tax (GST) last month. The 12 per cent Harmonized Sales Tax removes \$2 billion in costs for B.C. businesses but raises taxes for consumers on products and services that were previously exempt from PST.

The announcement comes in the wake of criticism of the Campbell government over cuts to education, post-election budget deficit, and accusations of corruption over the sale of B.C. Rail.

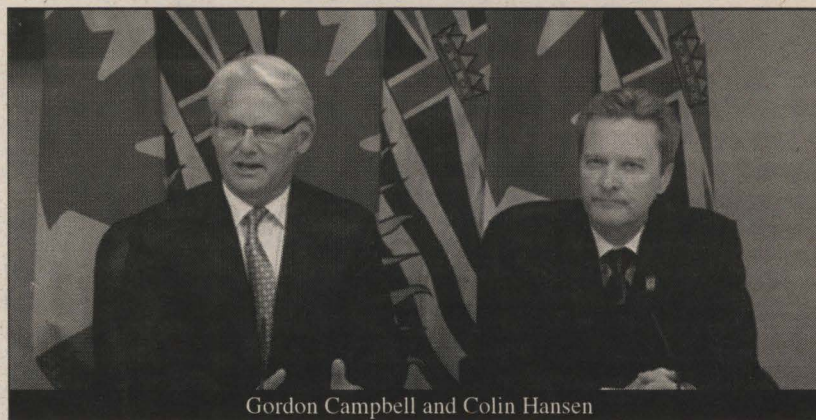
According to Campbell, the implementation of HST is "the single biggest thing we can do to improve B.C.'s economy." He stated it is an "essential step" to making business more competitive,

encouraging investment, and lowering administration and productivity costs.

New Democratic Party finance critic Bruce Ralston raised concerns about rising costs for families.

"Too many families are already struggling to make ends meet, and any further hit to their pocketbooks couldn't come at a worse time," he said.

Ralston pointed out that introducing HST will increase taxes



Gordon Campbell and Colin Hansen

on dozens of services in the province currently exempt from the PST.

Products and services including restaurants, food products (other than basic groceries), non-prescription medications, bicycles, print publications will no longer be exempt from the five per cent PST under HST. Nor will haircuts, dry cleaning, gym

HST, as will children's sized clothing and footwear, car seats, diapers and feminine hygiene products. Liquor at restaurants will no longer bear five per cent PST and 10 per cent liquor, and will be replaced with HST at a rate of 12 per cent. Also, a quarterly refund cheque will be issued to low income individuals much like the federal GST

rebate cheques and provincial carbon tax credits.

While the legislative assembly

has not passed the proposal yet, it is very unlikely to fail given the Liberals' majority. Nova Scotia, New Brunswick, and Newfoundland and Labrador already have a harmonized sales tax, with Ontario scheduled to introduce it on the same day as B.C., July 1, 2010.

"The 12 per cent Harmonized Sales Tax removes \$2 billion in costs for B.C. businesses but raises taxes for consumers on products and services that were previously exempt from PST."

memberships, funeral services, movie tickets, appliance repair, household renovations, accounting services, and airline tickets within Canada, all resulting in increased cost to consumers.

Not all products are seeing an increase, however. Fuel such as gas, diesel and biofuel will instantly rebate the five per cent PST portion of the

New coffee house opens its doors to Douglas College

Urth Coffeehouse opens up directly across from the New Westminster campus

By Shaylee Pérez, Staff Reporter

Bryan Schwartz, owner of Urth Coffee House, describes himself as having caught the "coffee bug."

Just one semester ago he was wandering around campus during his two-hour break between classes, thinking there was no good place for students to hang out and relax in. That's when he noticed the "For Lease" sign on a space that has been everything from a hair salon to, more recently, a computer shop.

He spent the next three months struggling to complete intense renovations, virtually gutting the interior. Schwartz tore

down walls, repainted, and added extra outlets for future notebook computers. He accomplished this task all while attending classes at Douglas College in order to complete his kinesiology degree.

As a man who's been in the food service industry for 15 years, he's gained a wealth of knowledge on what creates a great coffee house. He has a vision for his, to cater to his customers: the students. Number one on Schwartz's to do list for establishing Urth Coffee House was to create a modern-day incarnation of the "great old-school coffee shops of days gone by" is by providing a great cup of Joe. He gets his product from Burnaby's 49th Parallel Coffee

Roasters, believing that it is among the top five roasters in North America.

The atmosphere, as those who frequent the café will find, is one of easy tranquility. It boasts a mix of comfortable leather chairs, open booths, and bar stools complete with wood countertop facing the window. The establishment also offers Wi-Fi for the technically inclined. The music is an assortment of folk among other genres, with a few of Schwartz's favourite artists such as Bob Marley, Bob Dylan, and Jack Johnson.

Schwartz hopes to inspire conversation, reminiscent of the "intelligentsia," java enthusiasts of old, who let the hours pass away while openly

discussing and sharing ideas on any number of subjects.

"It's one of the advantages to being small; I can provide a unique atmosphere that's not replicated 3,000 times," Schwartz told *The Other Press*.

He is currently in talks with the Arts department to set up poetry and acoustic music themed nights by next month. He also intends to add Douglas College students' artwork to the coffee house's decor, which will change every month in conjunction with the featured artist. One glance at the walls is all the conversation starter one needs.

Project Hero scholarship to support children of fallen soldiers

By Kendra Wong, The Peak (Simon Fraser University)
BURNABY (CUP)

Over 120 Canadian soldiers have died in the war in Afghanistan since it began in 2002; these fallen soldiers often leave behind significant others and children.

Kevin Reed, a Toronto businessman, has worked with retired general Rick Hillier, to develop a new scholarship program geared towards sending the children of fallen soldiers to post-secondary institutions.

These Project Hero scholarships will be offered exclusively to children who lost their parents in the line of duty. The

program, effective September 1, 2009, will be available at Memorial University in Newfoundland, the University of Ottawa, the University of Windsor, and the University of Calgary.

It will offer the children four years of post-secondary education to earn their undergraduate degree; on-campus residence fees for the first year are also included.

Project Hero was inspired by Reed, who in December was made an honorary lieutenant colonel of an army reserve unit in Ontario where he became familiar with the struggles of the families the soldiers left behind.

With the help of Hillier, the former chief of defence staff who is now chancellor of Memorial University, Reed brought the

idea to Allan Rock, the president of the University of Ottawa.

"At university we feel this is a very tangible way to say [to the families of the fallen soldiers] that we value their contribution and we want to do something to demonstrate that gratitude," said Rock.

Reed personally went to each school to convince them to join the program.

"It's my goal to get broad-based, national support from all Canadian universities," he told *The Canadian Press*. He claimed getting support from the University of Calgary is a "big step forward."

Ann Tierney, the vice-provost of students at the University of Calgary stated on Tuesday that the program "is an

expression of support for [the] Canadian Forces' soldiers and their families, and a way of honouring those who pay the ultimate price for serving their country."

Students must be under the age of 26, and must be Canadian citizens or permanent residents. Rock added that the program is a long-term commitment and will be evaluated every five years to see if improvements can be made.

"We hope this scholarship will help the sons and daughters of these military personnel realize their dreams and plans by making a university education possible after suffering such a loss," continued Tierney.

Project Hero is the first free tuition program in Canada.

Where every cow has a name

Musings about the backwoods of New England



Nikalas Kryzanowski
opinions editor

With beautiful rolling hills on either side of twisting two lane roads, where big old barns

and farmhouses sit in every field, you get the feeling that you've been catapulted back to a simpler time and place. The cows grazing in the grass seem happy, pressures of big city and modern life melt away like ice cream and the only thing pushing against you is the breeze from the open car window.

Then around the next corner, a sign post appears and you're now in a Norman Rockwell painting.

Welcome to Mexico—that's the village of Mexico: Mexico, Maine. Just beyond that, across the old bridge, lies Rumford, a bustling town of 6,500. At 250 years of continuous settlement this town boasts a history and landscape that seems all too rare these days. With breathtaking Edwardian and Victorian homes and a beautiful historic downtown strip, this city that relies on the paper mill for its local economy is tucked away deep in the Appalachians. It's the kind of place where people wave at fire trucks and the Independence Day parade consists of the Legion pipe band, a few tractors and the high school football team.

I'm sort of a sucker for small towns off the beaten track and when traveling I prefer the "pick a side road and let's take it mentality" to the main highways. By doing so, it makes you feel like an explorer or like you're on The Great (North) American Road Trip. I realize that it may not be for everyone. Lots of these little known places

do throw hokey little events that might be a big yawn for "sophisticated" city folk. Rumford, for example offers its own "How to Play Horseshoes" Clinic.

Therein lays the charm. If you can forget any preconceived notions of "backwardness" and simply do as the Romans do, then you'll find a wonderful sense of community relatively unspoiled by outside influences. Americans know how to do small towns.

The distinguishing thing about these types of communities in the U.S. is that many of them, in New England especially, have managed to avoid strip mall hell. Walmart, for instance, in the very rural Vermont, has only four locations. This is incredible for a state with a population of 600,000. Consider Oklahoma, where the mega-chain began. It has 101 Walmarts for its 3.5 million people.

Often these small New England towns sneak up on you. Before you know it, you're downtown.

We in Canada often see small town America as full of hard right religious kooks, the type who kept George W. in power for eight agonizing years. New England offers an incredible departure from that mentality. Maine and Vermont have been blue states since 1992. Burlington, Vermont's largest city, often votes in proud social democrats for mayor and state capital Montpelier—population 8,000—has an incredibly influential beatnik community thanks to the Vermont College of Fine Arts.

These New England farm towns make up a great little region. There is always something to uncover. Let's hope it stays that way.

Vancouver is greenest, but the competition is fierce



By Natalie Nathanson

I recently went to Kingston, Ontario to visit family and was taken aback by the amount of green efforts put in place by the city that we in the Lower Mainland do not have.

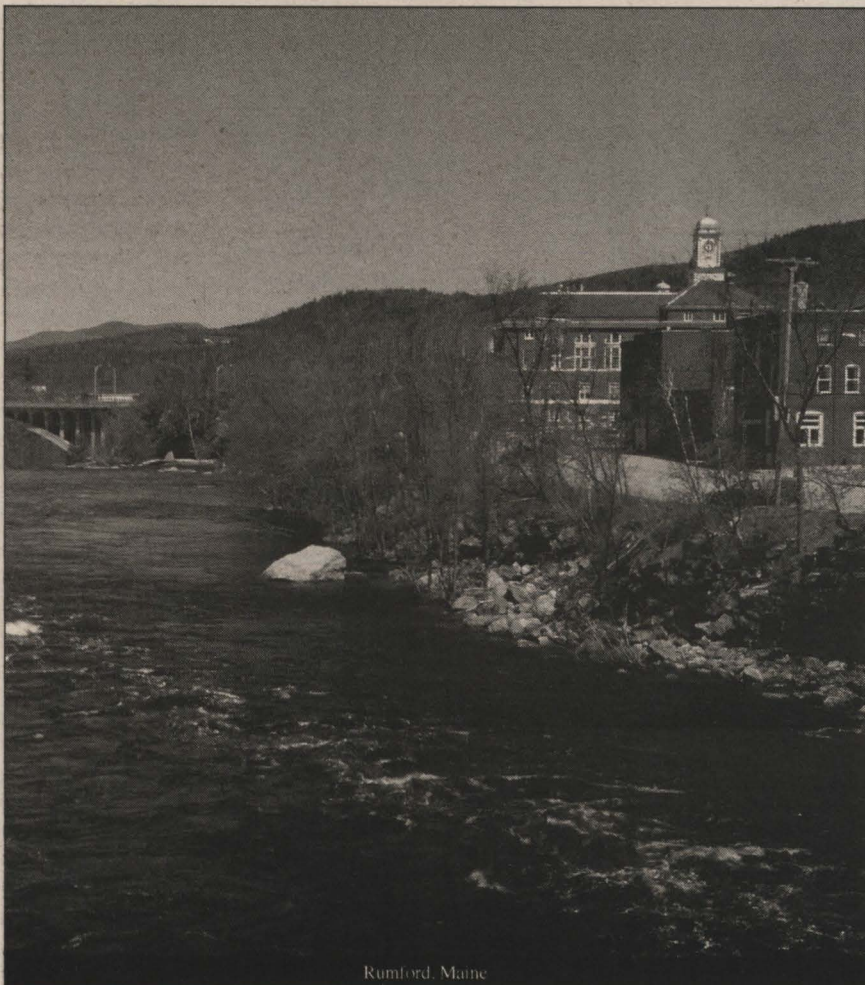
For example, there is city-wide collection of compost waste materials. Many residents in Vancouver that have a backyard and are environmentally conscious have opted to compost themselves, but at a cost. You could either build your own compost bin, or purchase one from the city for \$25. However, in Kingston, not only are you provided with a bin you can leave out by the curb for pick-up, but you're also provided with a city issued bin to keep inside your kitchen for collection at no cost. That means you no longer have to use that old ice cream bucket over and over again.

Since moving into an apartment I've felt rather guilty for not being able to compost, being so used to it in my last place. It made me angry to learn that city-wide composting is available even to some apartment buildings in Kingston, while we do not have this in Vancouver. When I told the people I was staying with how we didn't

have this out in Vancouver, they were as shocked as I was. They thought that for sure Vancouver would have been the first place in Canada that would have started the whole thing, but surprisingly, it's not.

With a city-wide collection of compost going on, you're able to compost far more than what we're able to in our backyards. Things like napkins, bones, meats and cheeses (which the bins we can buy from the city suggest not to compost) are able to go in these bins. Another green initiative that Kingston has completed is by turning its Wolfe Island, a free, 15 minute ferry ride from the mainland, into the home of 86 wind turbines, making it the second-largest wind farm in Canada. The electricity it provides is enough to light up this entire city of 115,000.

Don't get me wrong, Vancouver is still one of the greenest cities in the world. 90 per cent of Vancouver's energy comes from renewable resources, and that's what ranks Vancouver in the top ten of just about any green city list you'll find. Vancouver is also looking into using wind and solar technology as other sources of energy. I just think more can be done, and composting is a great initiative the city could take on.



Rumford, Maine

Evacuating your home? Take “home” with you

By Siavash Emamzadeh

Watching the news about the West Kelowna fires, I can't help but feel sorry for the evacuees.

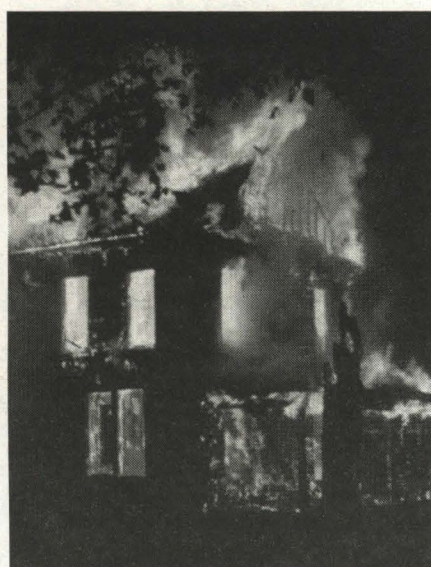
The chaos they're surrounded by and the anxiety they go through as they leave their home must be devastating. Many of them say that they have been through the evacuation process before but no one knew how serious this fire would become. As far as the evacuees know, they may very well never see their home intact again.

This ordeal has made me think what the best items are to take with oneself during an evacuation. Of course, family members and pets are a top priority, but what about belongings?

If there is a really short amount of time, expensive belongings might be an obvious choice—those that can be easily carried, anyway. Expensive jewellery, electronic devices and gadgets, clothing and the like may be top picks.

Now, I'm aware that money is an indispensable commodity in today's world and asking evacuees to abandon their highly-priced possessions in favour of other items would be unrealistic. But it wouldn't be a bad idea to *also* take a selection of unique items; items that may not be considered obvious choices. Since it's an evacuation of one's home, it'd be ideal to retain items that best reflect one's fondness of that house.

A laptop, for instance, is replaceable, but the feeling you get when you set foot on the living room rug that's been around for a long time, for example, is like none other. Sure, you can argue that you can just go out and buy the exact same kind of



rug, but only the one that lay in your house can elicit the cozy sentiments of home. After all, it is only that rug that rested in your house, where you came to experience solitude, peace and ultimate comfort. So, why not take a portion of your rug?

You could also take other items, like a painting or poster, a pillow, a long-kept radio, or lamp shade. Whatever means home to you.

So if you take the preserved items to your new house, it will encompass a likeness of the feeling of security of your former home. All in all, it's key to remember should evacuation be required, take your expensive possessions but it's best to also preserve at least one sentimental belonging.

That way, when you're living in a shelter and the mood strikes you, you can rekindle memories of home.

MyDouglas' Groups section is an odd phenomenon

By Siavash Emamzadeh

Trying to understand the social awkwardness that students convey in the myDouglas 'Groups' message boards is impossible. In an age where online interaction is common, I can't help feeling baffled about the severe shyness on the campus message boards.

Even online personals are a common means of meeting total strangers and have a more favourable turnout than Douglas's message boards. Maybe the pursuit of love and the reassurance of profile pictures—even phony ones—are commonplace enough to propel us to dating sites. So I ask you, why are the message boards so deserted?

For example, a certain group on myDouglas contains 18 postings in its message board. The surprising fact about this group, however, is that there have been 12 postings since the end of 2007 despite 22 members having visited during that period. I'm no mathematician, but, assuming that there were no deleted accounts, that means ten members during that period didn't post anything. Moreover, the last message to get a reply was posted last year—and it got one.

Another group, for instance, has a total of six messages, all of which have been posted during 2008. Since 2008, 19 members have frequented the group homepage, which means, again assuming nobody deleted their account, that 13 people took the popular vow of silence.

Interestingly though, sometimes there is a lot of initiative by members, but no interest is reciprocated. I've surveyed message boards that have a long column of

one or no replies to original posts.

Moreover, you could make the argument that the boards are redundant. With the ability to meet and talk to people in class, what purpose does a message board serve? The boards consist of Douglas students from every corner of the campus and divides them by a likeness, whether in terms of culture or interests. For example, there are groups for single students, Aboriginal students and students interested in Latin dancing, among others.

Another theory is that they're poorly promoted. To reach the boards, one must actively be seeking them. MyDouglas is an online entity that is merely on the backburner in most students' minds. It's a place students go primarily to check for course updates and other purely academic concerns.

I'm especially struggling to understand what's behind this odd behaviour because ironically, I too am one of those people that joined a group and didn't post anything. The fact that I don't understand why I behaved this way really convinces me that trying to understand why others do it is out of the question.

The only theory that I can come up with is that due to the lack of a large number of postings, I felt compelled to withdraw from posting as well. It's the classic psychology conformation reasoning; if a group of people are staring up at the sky, you'll likely take a look as well. The mere fact that I'm guessing why I behaved a certain way convinces me that it might be an inexplicable phenomenon, at least to an uninformed individual... Hey, is Freud still around?

Earning millions online: a dream we can no longer pursue

By Siavash Emamzadeh

For young hopefuls aspiring to become the founder of the next Facebook and reel in the big money, splurging on lottery tickets must be a strong alternate consideration. Online business is becoming more and more demanding: a fact that's best exemplified by the privacy commissioner's recent recommendations for Facebook.

After conducting an investigation into how Facebook handles its users' personal information, the privacy commissioner has decided that changes need to be made. The report found that the policy pertaining to privacy is vague and needs clarification. The site's rule to keep private information of deactivated accounts, disclose user information to third-party developers and absence of information of how to delete accounts were among the faults the report indicated.

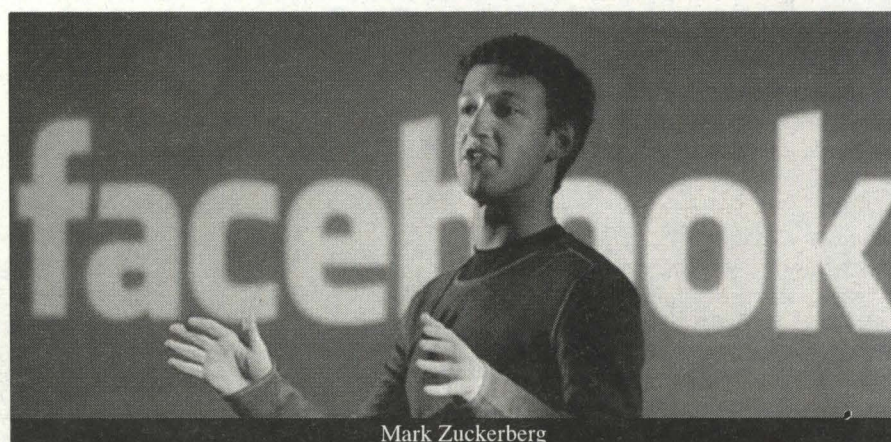
Facebook's conduct was found to be in violation of the Personal Information Protection and Electronic Documents Act. The website has 30 days before actions will be reviewed by the commissioner.

The findings of this investigation serve

as a reminder that online entrepreneurialism at a young age is not what it once was. It is no longer enough to possess computer expertise in order to embark on a highly lucrative web career. Online business has evolved into a multifaceted enterprise, where a businessperson has to be an expert at advertising, putting together the latest online applications, preventing spamming and virus infiltration, defending against lawsuits (which are sure to pile up once wealth is made public) and of course, addressing privacy concerns.

In a time when malware infection is rampant, computer technology is continuously advancing and all sorts of personal information lingers online, sole proprietors can seldom find and run a web business. A successful one, that is. By the time young hopefuls attain the proper training and education, they will be hardly be described as “young.” Furthermore, even after apt training, additional staff will have to be recruited, which of course will mean business revenue will be finely distributed to compensate the much needed specialists.

Finding the central idea for an online business, which used to be essentially the



Mark Zuckerberg

indicator of online business success, is now substantially challenging to come up with. With the influx of socializing and e-commerce websites, all with their own creative slant, it is not an easy task. Again though, that is only half of the matter, as presentation, management and customer service are the greater tasks at hand.

So in reality, it's not likely that any young entrepreneurs will emerge that even skim the level of riches of, say the founder of Facebook, Mark Zuckerberg. The spontaneity of striking gold online seems to

be dimming and thoughts of a career sitting at home behind a computer and drawing in millions, if not billions, is starting to reflect thoughts of just about any other high profile, challenging careers.

Perhaps it's time to just wait for the invention of another network and pounce on the first opportunity to build on a brilliant and creative idea. What's certain is that postsecondary education and technical training is almost inevitable to live luxuriously—good news for some, bad for others.

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rush

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ENERGY DRINK

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(3.12 FL OZ (900 mL))

Red



SUGAR

Red Bull

Red Bull

Red Bull

By **Andrew Bates**, The Phoenix (UBC Okanagan) KELOWNA (CUP)

The all-nighter is a shared university experience. Whether you were late for a paper, or partying, or just reading Wikipedia at all hours, most university students have forgone sleep for a night at least once.

It's no surprise, then, that many students turn to energy drinks to make it through. Energy drinks present a health controversy. Some love them, while others refuse to drink them; several outlets refuse to sell them, and others just don't care. When it comes to the risks, the warning's on the can. But do we always read it?

They give you wings

It used to be that it was really easy to tell what was giving you energy and how. Looking for food energy? Go for pasta, which is full of carbs that turn right into food energy. Coffee? Caffeine. The words even sound the same.

However, energy drinks go beyond the regular bolt of caffeine to keep you bolting up in your seat. Although most energy drinks are ranked on caffeine, the official nutritional information for Monster Energy forgoes giving an official number count for caffeine, instead citing 2,500 milligrams of "energy blend," which includes six different ingredients.

A key ingredient in some energy drinks, especially Red Bull, is taurine. Taurine is an amino acid that appears naturally in the body. According to Red Bull, taurine is secreted at times when the body goes through extreme stress and helps regulate the body's temperature. It is also the ingredient famously believed to be a part of a bull's testicle; at least in Red Bull, the nutrient is synthesized. Another important energy drinks ingredient is glucuronolactone, which in addition to being a long word, is the carbohydrate many link to the detoxifying qualities of red wine. Additionally, energy drinks contain high amounts of B-group vitamins – B-12, etc – which help speed the conversion of things that are already in your system to energy, but contributes to the "crash" when you run out of carbs to burn.

With all of these ingredients and vitamins, Health Canada is a little worried.

"Some 'energy drinks' may have to be regulated as natural health products . . . depending on their ingredients (such as caffeine and vitamins), and the claims they make," states a fact sheet on their website. "Natural health products have to undergo a review process for their quality and safety." Health Canada so far has only bestowed that status on one drink: Red Bull.

"They also have to display recommended conditions for use, as well as cautions," reads the website. In that way, Red Bull is a lot like a medicine; don't take it except how the instructions say you should. But how many people listen?

The warning's on the can

It is rare to find a person who isn't at all wary of energy drinks. But the fact is that most of the most worrisome health problems that result from energy drinks result from misusing the drinks. Red Bull's warning not to drink any more than two cans in a day sounds a little severe, especially when you consider that energy drinks served in a 16-oz tallboy can like Monster constitute two servings and therefore a day's worth of energy in a single go.

However, it's important not to forget the well-publicised case of the Irish basketball player who died during a game after drinking four cans of Red Bull, though his death from Sudden Adult Death Syndrome has not been official linked to the energy drink.

And if we aren't the person who pops a can of Amp Energy like it's candy, don't we all know someone who does?

More worrisome than overuse, according to health professionals, is mixing energy drinks with alcohol. Drinking Jagerbombs may be almost a national pastime for the YouTube set that saw My New Haircut; but it becomes a little more worrisome when you consider that all four reported cases of problems arising from energy drinks came from mixing them with alcohol, which in some cases led to heart irregularities.

Risk of a heart attack is not something I'd consider part of a good night of drinking.

Energy drinks also have other effects on alcohol drinkers. Alcohol's a depressant, while energy drinks are a stimulant, so they clash in that way. Both booze and energy drinks dehydrate you, so mix the two and you'll pass out quicker and are more likely to wake up with a wicked terrible hangover. Another effect of some of the ingredients in energy drinks is to mask the effect of the alcohol you've already had; so while you think you're on pace and in control, you might actually be just a badly-placed DJ track away from breakdancing to the Backstreet Boys.

"Red Bull Energy Drink is considered a health product in Canada and should be used according to the label instructions," Health Canada warns on its website. "It is not wise to drink excessive amounts of any 'energy drink' or to mix them with alcohol." So the next time you line up some Rockstar and vodka, it's good to know what you're up against.

Do we need protection?

You may have noticed there aren't a lot of places to buy energy drinks on Canadian campuses. While the UBC Students' Union Okanagan (UBCSUO) carries them in both the used bookstore and the pub, they are absent from the cafeteria or any of the other Aramark-run locations on the UBC Okanagan campus.

The UBCSUO is unapologetic about stocking energy drinks, says general manager Rob Nagai. "In terms of being in stock, they actually fly off the shelves," he said. "A lot of people want them, [and] I think that they are aware of the health risks." Health risks or not, there is a Red Bull cooler behind the bar at the union-run pub, and Jagerbombs are occasionally on special at the bar.

Nagai also mentions promoting energy drinks can sometimes benefit student clubs on campus.

"What usually happens with those kinds of marketing techniques is that there's some kind of [reciprocal arrangement]," he said. "For something like the Jib-Jam, which was sponsored by Red Bull two years ago, they gave out the product for free and helped them with some of the funds in terms of making the budget work."

The Jib-Jam was a snowboarding party held by the Mountain Riders club that took place in the UBC-O courtyard.

Students, for their part, aren't too worried.

"We sell soda and pop, and that's something we know that's bad," said Jahmira Lovemore-White, a first-year science student at UBC-O. "We know Pepsi's bad and the school sells it all the time, right?"



THE "OTHER" NEWS

Critics pan latest Goldie Coxx pornographic film Anal Destroyers 7 criticized as "shallow, lifeless"

By Liam Britten

The erotic film world was shocked on Friday when the highly anticipated Goldie Coxx film, *Anal Destroyers 7*, failed to catch on with critics or lonely, lonely audiences. Critics called the film "silly" and said it had none of the aspects that made the other *Anal Destroyers* films so watchable.

"Coxx, desperate to make something out of nothing, does her

"We want to take a woman, establish a rapport between her and her audience, and then we want to fuck her."

best to save this embarrassment of a film, but there is nothing she nor the two well-endowed men inside of her can do to rescue this fiasco," wrote Manhola Dargis of the *New York Times*. "Coxx's light, carefree attitude simply doesn't carry as well as she thinks it can. She's trying to channel Meg Ryan getting spit roasted but can't even pull off Kate Hudson getting spit roasted."

The film, like others of the series, is the story of Kitten, a typical suburban teenager who is invariably plowed by many, many penises. However, this film breaks from the series' usual flavour by taking on a psychological thriller aspect, exploring complex issues such as the mental stresses of distrust in relationships, visits by repairmen wearing no pants and being covered in various sticky liquids.

Pre-release hype was strong for this instalment, especially because of the many interviews director Philthy gave prior to release to talk up the film.

"The *Anal Destroyers* series is one that's beloved by porn's legions of chronic

masturbators, and while having such a loyal fan base is great, it's also a big responsibility," he told *The New Yorker*. "We want to take a woman, establish a rapport between her and her audience, and then we want to fuck her."

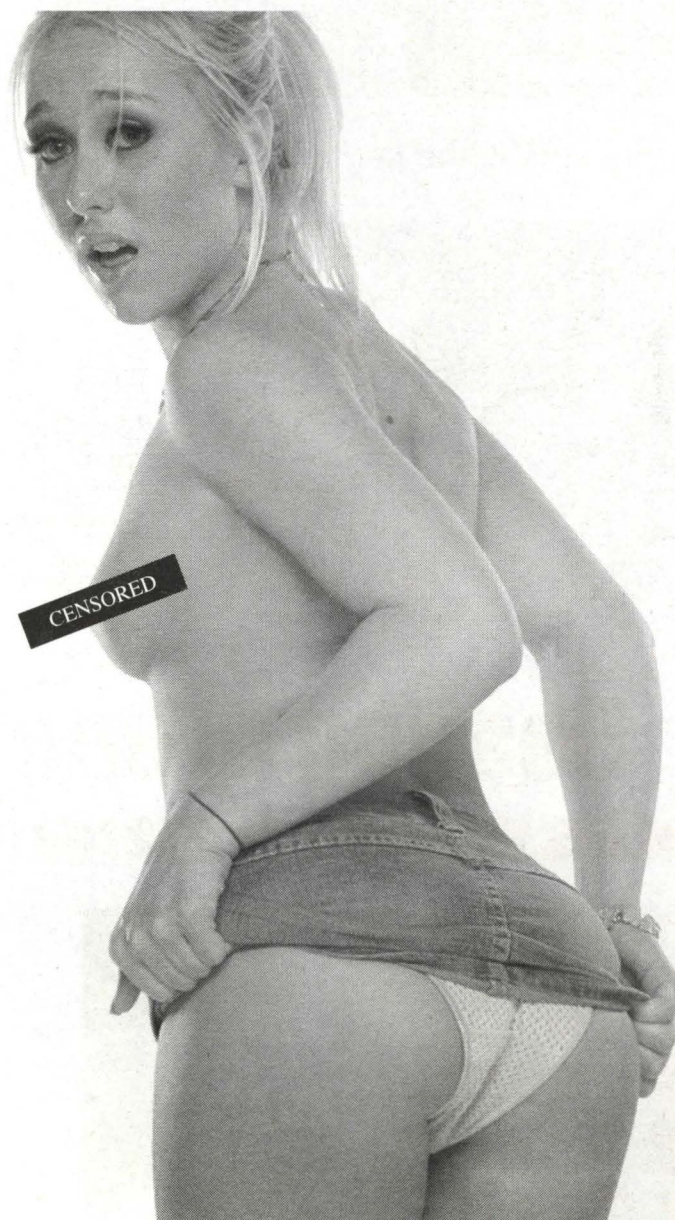
Some have said that Philthy may be the film's worst enemy and that his "high-concept" vision may be simply bluster.

"Okay; so Philthy wants to send out his message, his manifesto, if you will, about many complex issues facing the

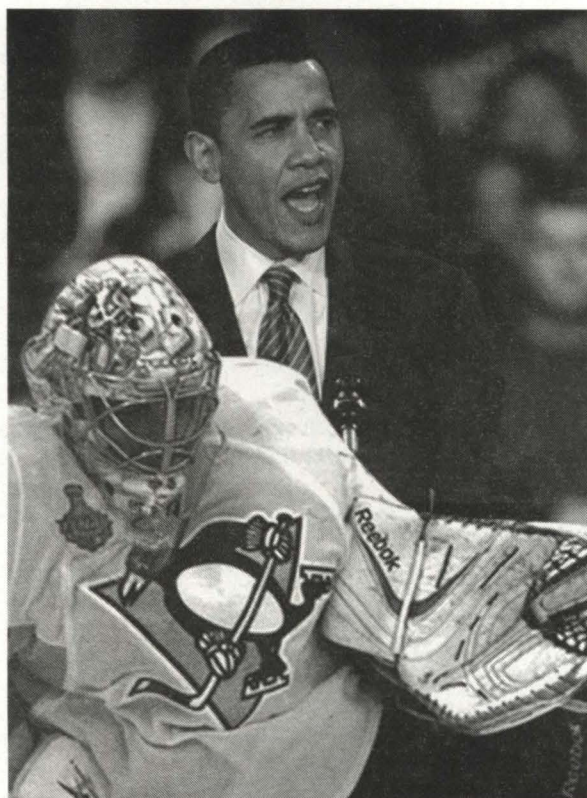
world today. Fine," wrote *Guardian* film columnist John Patterson. "The problem is, he has nothing to say and it comes across in all the missed opportunities. If he wants to explore Middle East politics, why did the all-girl scene between Coxx and Persia Pele not explore the volatile politics at work in a meaningful way? If he cares about animal rights, then why was there such an absence of doggy style? Philthy is a man without vision."

Since the scathing reviews began to appear, Philthy has defended his vision, saying that he has "no obligation" to defend his vision to "hack writers who probably have never banged two chicks at the same time."

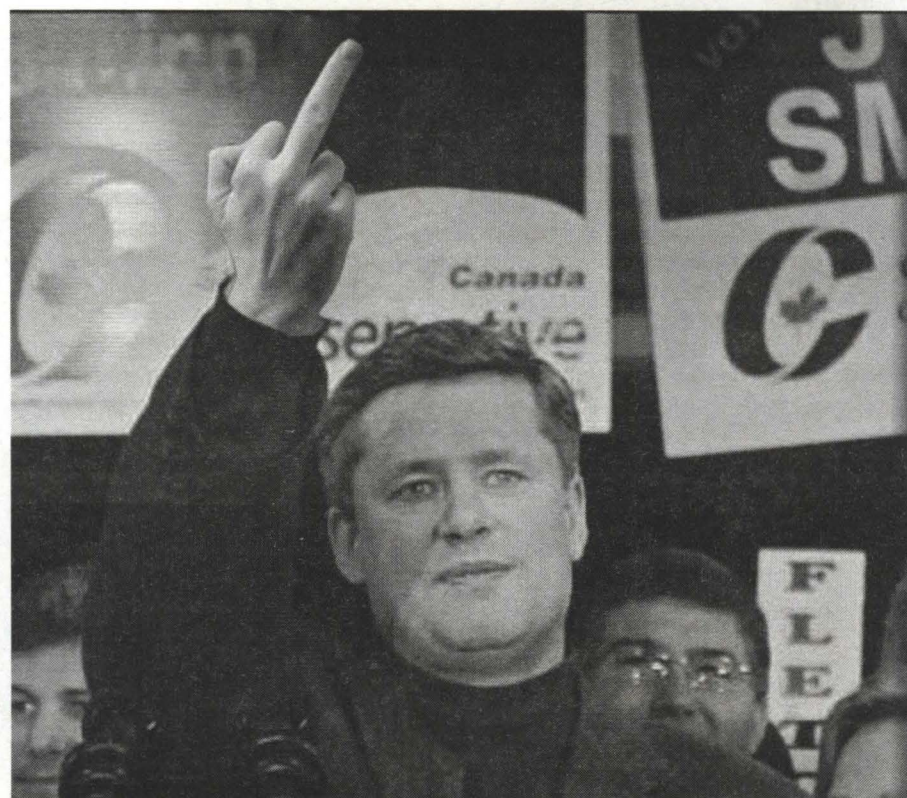
For her part, Coxx has remained mostly silent about the matter and is simply attempting to go back to work. However, since she has only appeared in nine pornographic films since Friday, it's believed that *Anal Destroyers 7*'s failure has affected her star power to a degree."



Continued on page 17...



Diving Marc-Andre Fleury joins Secret Service



Stephen Harper salutes the working poor

WORD ON THE STREET

Are you seeing the beginning of the end of the recession in Canada and why?

By Rosa Hong



Sean Murphy
Business Admin

"Yes, because hot dogs at Ikea are only 50 cents!"

Natalie Bonkin
Criminology

"Yes, job availability is increasing as the economy is slowly becoming more stable."



Faterneh Mahamaerd and Pejmein Sabet
ESL

"Yes, I heard that in the news but I didn't feel it."



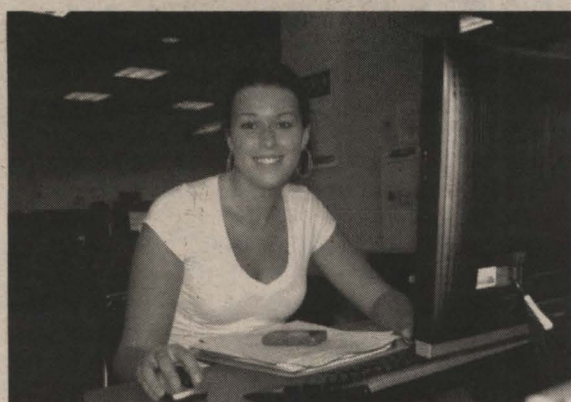
Joeleen Thompson
Psychiatric Nursing

"No, when I look around at the people that make up our community, I see people struggling. Almost every everyone I know is worried about their job security or if they will be able to make ends meet."

Campus Happenings



Business administration student Kamille del Rosario studying in cafeteria.



Business student Lara Leganger is working on a sales presentation for personal sales.



Students enjoyed music, food and drinks at the DSU's latest barbeque.

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What could be worse than American Badass?

By Jay Schreiber, Arts Editor

Everything is for sale; enough money can control the media and sometimes, investments in products are taken too far. The most recent development in relation to this is Kid Rock's new line of beer called American Badass.

In the world of glitz and glamour, once someone is famous it's mandatory to exploit the hell out of them 'til kingdom come. That's exactly why Britney Spears has a

new scent every year, and Lindsay Lohan's handbags are a perfect size to fit her BFF into.

Kid Rock, however, has dived into a market that remains relatively untapped (pun intended) by celebrity folk. Beer. That wonderful golden substance, the nectar of the gods and intoxicator of men. Kid Rock will either be drinking his way to the bank or doing cost recovery at the bottle depot.

You may have heard the Kid's hit song "American Bad Ass" or seen it on TV (it usually accompanies movie trailers where a lot of shit blows up) and in this case, it's the inspiration for his liquid expenditure. The song, which came out a decade ago, is more or less 4 minutes of "I'm awesome" with some audible elements; much like Kid's career.

So who in their right mind would by a piss-water-esque beer that advertises its taste as bad American ass? I know for

sure that I won't touch the stuff, but I'm interested in how it's going to be marketed. Beer companies spend lots of money on advertising, and American Badass has a lot of competition if they want to appear anywhere on the radar.

Based solely on commercial effort, I would drink Molson Canadian. The commercials are more pro-Canada than the Stephan Harper agenda, and it makes me feel good to be north of the 49th parallel. However, I do know that Molson is poorly made and is owned by an American

company, so I never touch the stuff.

The Mexican beers have a

pretty good pitch going, Corona is all about the lazy summer day and Dos Equis has the world's most interesting man on their side. How can you say no to a guy who gazes seductively into the camera lens and requires of you to "Stay thirsty, my friend?"

This could be a personal bias but every time I hear Carl Orff's "Carmina Burana" performed while a Rickard's is being poured fresh out of the tap, a little shiver goes down my spine. Extremely false advertising however because every time I order a Richards, all I get is the bill!

If I were feeling arrogant, then Stella Artois is the only way to go. While peaceful, the Belgian people don't have much going for them other than Stella and chocolate, but when a barrel of beer puts a dent in my Mercedes, you're freakin' paying for it! Some of the best brewed



beer ever, I still wouldn't have a problem throwing it on a pile of flaming money, after all, money can buy more Stella. Duh!

So how about that American Badass? I can just picture the advertisements now. A fat American with a wife beater and red white and blue do-rag comes clunking out of Taco Bell in slow motion with the Kid's ten-year-old hit song blasting in the background. Cut to a picture of Uncle Sam pointing at you with a beer in his hands and the catchphrase, "If you don't drink this beer, then you're a terrorist!" Oh, the America media, how free it really is...

Since that's only one of about four hit songs that Kid Rock has ever had, it's not the first time that he's tried to hang on to fame longer than his stay was welcome. His last hit he hardly even wrote—it was only a mashup of two popular songs from the '70s that I had almost forgotten. Thanks, Kid!

So remember, Drink Badass beer if you're a freedom luvin', gas guzzlin' right winger whose neck is redder than the communist flag. I'm interested in seeing how well the sales for American Badass will do in Canada—it might just be one step closer to them invading.

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Universal music the next step in stylistic evolution? As more bands cross stylistic boundaries, genres become murkier



Jay Schreiber

When walking through the aisles of HMV, or browsing through the pages of iTunes, something recently struck my attention that had never before been apparent to me. The lines that define styles of music are beginning to get foggy, to say the least. What nowadays set the boundaries on what is rock, pop, hip hop, rap, country, and indie.

For my day job, I work as a chef in a restaurant, and in a kitchen, the boom box is always going with different tunes depending on whose CD wallet is there that night. One night, a fellow chef introduced me to a band that confused, intrigued and fascinated me at the same time.

The band is called Estratosphere, and they are a group of musicians who more or less believe in music without boundaries. Put it this way, their influences range from big band jazz, to gypsy rock and even death metal. Hip hop beats mix with crooning vocals and distorted violins harmonize well with trumpets and clarinets. It's weird, but they attempt to cover every style possible and do it surprisingly well.

It's almost as if the drummer decides, "Hmm, what would this sound like with blast beats under this melody?" and then a

raging saxophone solo rips on top of that. It truly is something to experience, and my first time listening to it, I went so far as to take bets with other kitchen workers as to which style of music they would shift to next.

I was then surprised to hear that they did a big band jazz arrangement followed by a '50s doo-wop tune that sounded like it could be all the rage down at the soda shop. 7/8 and 3/8 time signatures mix in an Indian flavoured tune with heavy metal shots before their arrangement play with early '90s 8-bit video game midi (that's right, Liam).

So what would anyone file this as? I worked at a CD shop, and anything that was too different went under either jazz or world music. Anything that was popular but not specific went under rock and pop, and anything harder went under punk and metal. Humans as a whole tend to stick to what they like and very infrequently branch out (hey, even I play favourites sometimes).

I was intrigued by seeing what type of people would hover around which section in the store, and rarely would they cross over and buy anything that wasn't in some way related to one type of genre. What if there only was one type of genre though? The lines that bind music continue to be crossed by all types of groups.

Estratosphere is only an extreme example of crossing genres, a while back



I mentioned in an article the trio Project who play classical instruments and classical music but do it like rock stars with hip hop beats. Hell, even Nickelback made a name for themselves for more or less being the Foo Fighters of country music (there ya go, Chad, that's the closest thing you're getting to a compliment from me).

So where is music supposed to go

from here? The last century of the last millennium progressed music farther than the 700 years before it had, but since the 1990s we seem to be stuck in an endless progression of recycled music in the "it's already been done" stage. In the end, universal music may turn out alright, but who knows about even 50 years from now?

How about that Venue?

With bars and clubs closing in Vancouver, what will replace them?

By Jay Schreiber, Arts Editor

It was a typical evening in on Granville Street; Most of the trendy shops had closed, and the night crowd was slightly more inebriated thanks to the many local watering holes along the strip. I was out with my droogs to viddy what we could do with the evening, and explore the core of Vancouver nightlife.

Along the way, I bounced by the recently closed Plaza Club, and heard the regular *boom tisk boom tisk* coming at me from all angles. After three months of renovations the club had re-opened simply known as the 'Venue'. The Plaza had some good shows and was a good temporary live-in spot for the Fox crowd before the radio station took over the Roxy.

Anyone who has been inside the recently deceased and quickly forgotten Plaza club will know that putting the bar center floor kind of went out of style around the same time cheesy pick up lines and *A Night at the Roxbury* did. Having not had the motivation to, I didn't enter the Venue but instead continued my journey down Granville.

While walking, I couldn't help but hysterically burst out in laughter at prissy, clean-cut women who tripped over the rocks and pebbles in their three-inch heels. Since Granville has been undergoing renovations, the roads and sidewalks' nostalgic look from 1905 is really quite refreshing. Welcome to Downtown Vancouver, home of the 2010 Olympics, where you too can walk



on gravel and dodge scaffolding.

Along the way, I pondered about the strip's other venues, and all I saw were bars and clubs that had taken over most of the older, run down, and deceased concert stages. Within the last month, Richards on Richards had a date with a wrecking ball that ended in the destruction of memories and shows past. While its location was absurd (two blocks off Granville right under all the condos) and did kind of put a black eye in the middle of a beautiful face, Dicks on Dicks was one of the best bars this city has ever seen.

From punk rock to dance music, it was versatile, well built, had a great layout, and comparing it to venues of today, the saying holds true that "they just don't make 'em

like they used to!" It's sad to see a friend go, but it's something that we'll just have to remember, like a CBGB of Vancouver, if you will.

My night ended up at the Commodore Ballroom, one of the most famous and well-liked venues in our fair city. Being well built and offering a large capacity yet with a surprisingly intimate feel, there is simply no better place to see a concert in this entire province.

After The Reverend Horton Heat hit the stage and rockabilled his way into my ears, my droogs and I had a drunken stumble around the downtown area, and ended up at the 7-Eleven on Seymour. Above the 7-Eleven is another piece of Vancouver history, a series of hallways and

off-level floors with a stage at one end. I'm talking about none other than The Railway Club, the oldest venue in Vancouver.

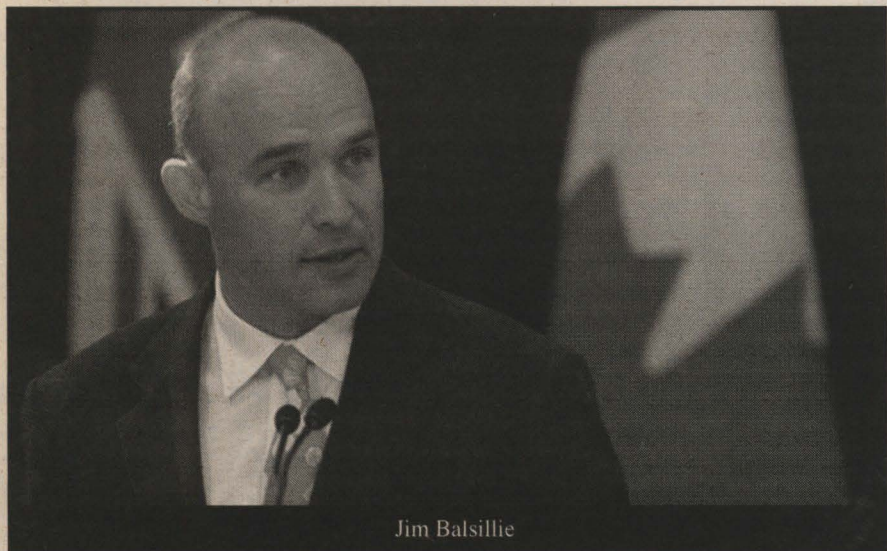
In the 1990s when Radiohead were up and coming they had a concert at the railway that ended in an outright bar brawl sparked by none other than lead singer Thom Yorke. Save the rainforest and beat the crap out of some drunk Canadians—my how Radiohead appear to suck now...

My saunter towards the night bus brought me around the corner from where the Railway is, and next to a hollowed out cavern that was once A&B Sound. Since the company had to remove itself from Vancouver thanks to iTunes, the former home of recorded music downtown just sits there empty and unused.

The Richards on Richards owner has considered renting the space and moving the nostalgic club to this location. The place is big enough, and has quite a few back room and entire other levels to make use of. Knock out a few walls, install a bar, lounge and coat check and you have an entirely new rock spot. Conveniently, the night bus stop is right outside, it's next to a 7-Eleven and it's right around the corner from The Railway Club in case you don't like what's playing. What the hell are they waiting for?

I caught the bus and stumbled home wondering what the downtown venue situation will be like in 10 years from now. I guess we'll just have to see; let's just hope that no more of our historic venues get shut down between now and then.

Propping up the Coyotes with Canadian dollars is insulting



Jim Balsillie

By Nikalas Kryzanowski

It looks like there are a number of new options available for restructuring the business model of the NHL's black sheep, the Phoenix Coyotes. A new group interested in the ailing club is proposing to send the Coyotes on a field trip to Saskatoon to play a few "home" games during the year.

Ice Edge Holdings is a group led by both Canadian and American businessmen who will present their plan to the NHL's board of governors.

This bid is a long shot, as they still have yet to raise the capital, but their plan implies what Jim Balsillie and the rest of this hockey mad country have been arguing for ages: The Coyotes belong in Canada.

These guys at Ice Edge have done their research. They've crunched the numbers and have determined that each of these special games would be sellouts. Of course neither Saskatoon nor Halifax could support the Coyotes on a permanent basis, but Hamilton could. Easily.

In other words, this hybrid concoction, which sounds like it came directly out of Dr. Frankenstein's lab, is expecting Canadians to pick up the tab for keeping the team in Phoenix.

Poor Saskatooners would face an incredible ethical crisis. Either face loyalty issues throughout the rest Canada and brand

the city, nay the province, with a scarlet S, or on the other hand, it's a chance to witness the return of major professional hockey to the city since the likes of both Newsy Lalonde and George Hainesworth and the Saskatoon Sheiks, who throughout the 1920's played for the Stanley Cup at arm's length in the Western Canadian Hockey League.

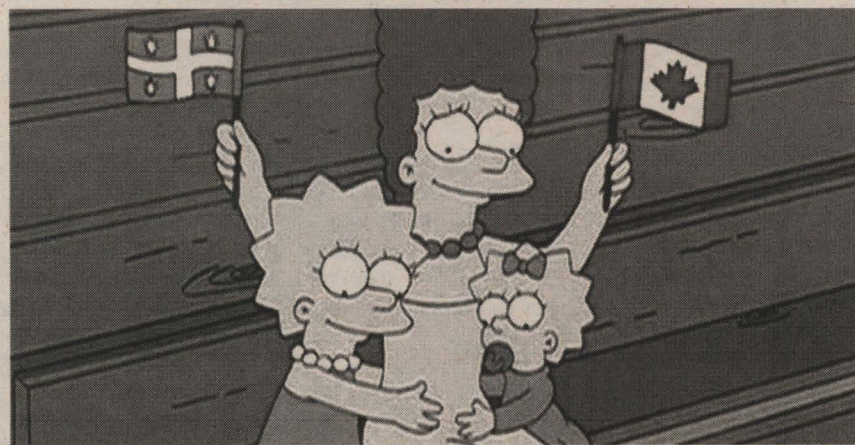
In an ideal world, the people of Saskatoon would stick it to Ice Edge Holdings and tell them to stick this dangling carrot where the sun doesn't shine. It would be an exertion of a collective muscle, to say, "Screw you, Bettman. This is our sport and we're not going to let you ruin it."

Hockey is the one true uniter in this country. But sadly that's not pragmatic. The temptation to see NHL calibre hockey would be too great and I can see it now. A packed Credit Union Centre full of screaming fans all of whom paid through the teeth to see the mediocre Phoenix Coyotes—a team that couldn't even give enough tickets away to fill the arena back in the desert. Fact: they had to run promotions like buy a 1.75L bottle of vodka and get a free hockey ticket to get respectable attendance.

Who knows where the Coyotes will ultimately end up? It won't be Saskatoon and when all things are considered, with all the woes, it can't possibly be Phoenix for much longer.

The 2010 Olympics brings the Simpsons to Vancouver

Finally, the Olympics are good for something!



By Mark Fisher and Angela Szczur

With the Olympics approaching in roughly six months it's hard to miss the propaganda. News stories and commercials are filled with updates and ads about the Olympics, collectable pins are being handed out, and Vancouver 2010 Olympics merchandise line the shelves of stores.

But it doesn't just stop there. *The Simpsons* is getting their own chance to win some Olympic gold medals with an episode aimed to spoof the Vancouver 2010 Olympics. Homer and his wife Marge are heading on up to Canada once again, this time to partake in the Olympic curling event along with Principal Skinner and his mother, Agnes Skinner.

No doubt many of the episode's jokes will centre around the sport of curling itself, and how boring it is—which will be why it appeals to Marge Simpson and Seymour Skinner, both famous for their dullness and fear of anything that causes excitement. Principal Skinner once tried to ban coloured chalk in Springfield Elementary because he was worried it was over-stimulating the students. So naturally, he'll find curling to be a thrill ride. After

all, it's the slowest sport on ice.

Olympic medal hopeful and four-time world champion, Edmonton's Randy Ferby sees an upside to the Simpson's mockery. In an interview with CBC he noted: "It brings attention to our sport and I think it's wonderful. The more curling on TV, whether it's in an animated form or real form, the better."

While Randy may be right that there's no such thing as bad publicity (and I don't care how you try to spin this, there's no way this is going to be a positive endorsement of curling), it's unlikely this will be anything more than

"For most of us, this will probably be the closest we ever come to actually being on the Simpsons"

a one-off blip for the sport's notoriety, unless the show

manages to give it a "so lame it's cool in an ironic way" rub, and then people start playing it in order to be hip.

For most of us, this will probably be the closest we ever come to actually being on the Simpsons, and even if we don't go to any Olympic events, we can at least enjoy that. This will be the third time the Simpsons have visited Canada, they first came to Toronto in 2002 and visited Winnipeg in 2005.

Suck on that, Calgary and Montreal!



canucks corner



Wellwood files for arbitration, remains a Canuck

Is Wellwood worth \$1.2 million, though?

By Angela Szczur

Vancouver Canucks center Kyle Wellwood earned a salary of \$997,500 last season. For the upcoming season he was offered \$1 million, an increase of only \$2,500 US. This pay increase was unacceptable to Wellwood and he filed for salary arbitration.

However, the salary arbitration process isn't just a nice quiet discussion; it can get quite intense. Imagine sitting in a room arguing your worth to a team and being told outright that you're actually quite useless to the team and don't deserve the pay increase that you are seeking. As can be expected, some arbitration processes can get pretty emotional.

However, everything appeared to go

smoothly for Wellwood; while he did not get the \$1.5 million US he was asking for, he was awarded a one-year contract of \$1.2 million and is reported to be satisfied with the results.

Was Wellwood worth the 20 per cent pay increase? There are both positive and negative points stacked against Wellwood. Last season he scored 18 goals and he had six points in 10 playoff games. He also had a 19.1 per cent shooting percentage, placing him third in the NHL. He scored the winning goal in three games and achieved 10 power play markers, and he scored 27 points in 74 games. This all sounds like solid information backing up Wellwood as a strong player, but it should also be mentioned that only five of his 18 goals occurred after Christmas and he went 21

games without scoring a single goal.

However, no athlete is perfect and all athletes will go through a rough patch at one time or another. If the Canucks win the Stanley Cup next season then everyone would agree that Wellwood contributed a lot to the team and was well worth the money.

However, if things go badly next season, Wellwood may have no one to blame but himself if he incurs another no-goal stretch. That said, Wellwood has many good points stacked in his favour and it's clear that the arbitration committee felt the same way. Here's hoping that Wellwood brings forth a great 2009-10 season and proves his worth to his fans and team players.

Look for intramural sports in the fall semester

By Mark Fisher

Whether you're a competitive athlete or you just want a bit of recreational exercise, Douglas College intramural sports offer a great way to stay in shape and enjoy yourself on campus.

Douglas College student Christine Chan competed in badminton tournaments throughout high school and really enjoyed taking part in intramural badminton at the College. *The Other Press* spoke with her about her intramural experience.

"Badminton at the College is lots of fun if you can get a group of four friends to all play together," Christine said. "But you can also go by yourself and join in a game. It's a great way to make new friends."

Christine recommends badminton for anyone who is interested in intramurals, because it's an easy game to learn and fun for all skill levels. It also doesn't require a high level of strength like tennis does. Christine noted that, "It's a great workout,

and it's a lot more fun than going to the gym any day."

On a typical Friday, there were eight to ten students who showed up to play in the school's gym. The College provides the racquets, and all the shuttlecocks you need. Christine advised new players to be sure to wear good

shoes because there is a lot of movement

in the game, especially if you get into a close match!

Other intramurals sports that were offered during the previous semesters included volleyball, floor hockey, and dodgeball.

Unfortunately, there aren't any intramural sports during the summer semester but Christine is looking forward to when they start up again during the fall semester. During the summer she plays at the Bonsor Recreation Centre in Burnaby

"It's a great workout, and it's a lot more fun than going to the gym any day"

(near Metrotown station). They offer badminton three times a week, including an adults-only gaming time at 9:00 p.m. every Wednesday night.

Still, she's looking forward to the possibilities of another year at Douglas.

"College is a lot more fun than high

school. You have a lot more freedom and you can do whatever you want. And

intramural sports are a great way to meet new people and make new friends."

Students can stay up to date on the upcoming intramural events at the College by visiting the website of the Centre for Sports, Recreation, and Wellness at <http://www.douglas.bc.ca/csrw.html>. There is also a chalkboard across from room 1303 of the New Westminster Campus that is regularly updated with upcoming recreational events.



SFU joins NCAA

By Chad Klassen, The Peak
(Simon Fraser University)
BURNABY (CUP)

When Simon Fraser University opened in 1965, Chancellor Dr. Gordon Shrum fanaticized about the school competing for the Rose Bowl and lived for the day when his ambitious vision would come true.

It's not the Rose Bowl, but Shrum would be proud to know that SFU will be playing in the National Collegiate Athletic Association, as the university was granted its official acceptance into the world's most prestigious collegiate association last Friday.

SFU is now the first non-U.S. school in the NCAA.

Starting in the 2011-2012 academic year, Clan varsity teams will compete in Division II's Great Northwestern Athletic Conference against schools from Washington, Oregon, Idaho, Montana, and Alaska.

"It means a high level of competition and challenge for our athletes," said President Michael Stevenson. "As has always been the case, our primary concern is that our athletes succeed as students. The NCAA has strong academic requirements and we will maintain the high academic standards that SFU has always demanded from all Clan teams."

For Athletic Director Dr. David Murphy, while there are no concerns about National Association of Intercollegiate Athletics teams being able to compete in the NCAA, having already faced similar competition, the next two years will be a scramble to build up the talent level on the CIS teams making the transition from Canada West.

"Right now, all of our NAIA teams are competitive. They already compete against Division II and Division I competition, and they do quite well. Men's basketball, football, and certainly women's volleyball will be a challenge," Murphy said.

Helping that process will be SFU's ability to entice outstanding athletes from

across the country and elsewhere abroad with full-ride athletics scholarships, which are not allowed at Canadian universities in the CIS.

While there is a limited amount of money one school is allowed to spend on athletes, it will give SFU leverage to attract homegrown talent (and other outstanding athletes) that have tended to head south to the U.S. to pursue their athletic dreams – at schools where the competition is superior and scholarships are available.

"You're going to have to recruit across the country first off and probably down the West Coast as well," said Scott Clark, SFU's men's basketball coach. "Up until now, given the restrictions by the CIS, all you're allowed to give is tuition. That limits who you can recruit – local kids, because they can be close to home, [but] somebody from Ontario or Quebec isn't going to come here if all they're receiving is tuition. They could go to McMaster or some other university that's closer to home."

"But if you're going to pay the whole shot [with a full-ride scholarship], then now you can attract some student-athletes."

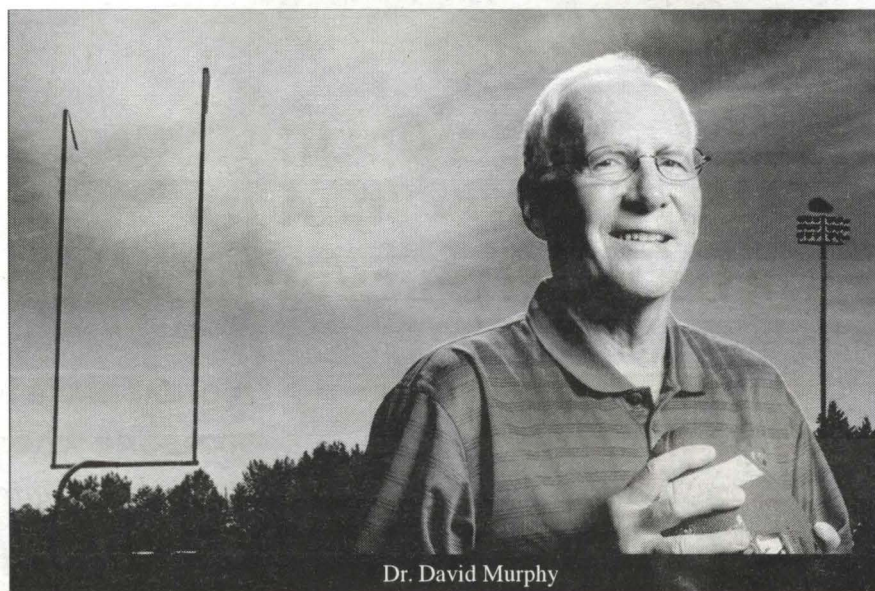
For SFU, which became the first full-time Canadian member of the NAIA in 1967, the move serves to uphold its historical trend as pioneers in Canadian university sport.

Lorne Davies, the longtime athletic director who spearheaded SFU's participation in the NAIA, had applied for acceptance into the NCAA in 1967 and 1969, but the NCAA wasn't willing to admit Canadian universities until January 2008.

Now a decision that was 40 years in the making has finally come to fruition for a university determined to compete at high-level U.S. college sports from the beginning.

"It's a great step. The competitive environment south of the line is a lot better than the competitive environment up here, so I'm excited about that. I think that it allows players to get a lot better," said Clark, who's entering his 15th season as SFU's head basketball coach.

"There's still a lot of work to be done in order for us to be able to compete at that



Dr. David Murphy

level. Getting better players is going to require a lot of cash, so that's probably the next order of business."

Money will certainly be required for teams to offer scholarships, but Murphy disputes the claims that the athletic budget will have to increase dramatically in order for the varsity teams to compete in the NCAA, saying it's all a fallacy.

In particular, the cuts on travel costs for the teams playing in the CIS will free up money that can be spent elsewhere, as well as lower registration fees for belonging to Division II compared to the Canada West – it's \$44,000 cheaper, according to Murphy.

"Right now, we're flying to Brandon, Manitoba, we're going to Saskatoon, we're going to Winnipeg, we're flying a lot of places. [But] we have five teams within a two-hour radius that we can drive to, so obviously there won't be a whole lot of difference in the financial aspect. We're going to save money on our travel, we're going to save money on fees for registration," he noted.

Coupled with the recruiting advantage and low travel costs of competing down south, there's the respect factor of playing in the best collegiate sports association around the world.

"The initials 'NCAA' have a real magic to them. They're the largest college sports organization in the world and people are familiar with schools that compete at the NCAA level," explained Davies.

"Now, we're not fooling anybody by saying that we're going to be competing against Notre Dame and USC, but the [schools] we compete against are high quality and have top-flight athletes."

Among the preparations over the next two years, building a new stadium for SFU is a definite requirement with admittance and participation in the NCAA. The expansion of a new basketball and volleyball gym was completed in 2006, and Murphy and the athletic department have started to work on seating arrangements for Terry Fox Field, where all teams will be playing in the fall.

"We already started the program 'Bring Our Teams Back Home,'" said the athletic director, who hails from Boston. "If you look out there now, we have a scoreboard. We have a number of stands that will be coming on [Friday, July 24]. We'll start playing all our home games up here on the Mountain and hopefully we'll get the support of residence and all the students."

Hangry?

BEFORE: ready to bite someone. Get out of my way



Hangry (han | grē): *adj.*
Anger resulting from
extreme hunger.
~~grier, even hangrier;
~~gri-est, the hangriest. *Ever.*
[Modern English: hungry + angry]

AFTER: well-fed, ready for a new kind of biting



Come uptown.
We'll fix yer "hangry" real good,
and entertain you along the way.



Melted camembert



Crème brûlée cheesecake

**A great place to take that special
someone when you're in the
'Have to impress' mode!**

**Make it into a full meal or simply
enjoy a wonderful desert & coffee**

OPEN MIC - Tuesdays - 7 to 9:30 pm

Come see New West musicians do their thing.

Russell Breweries pitcher and pint Tuesday night specials

SPANISH NIGHT - Wednesdays - 7 to 10 pm

Paella, tapas, Flamenco, and – of course – Sangria Alegria!

Open 7 days a week

Breakfasts: 8 am to 11 am

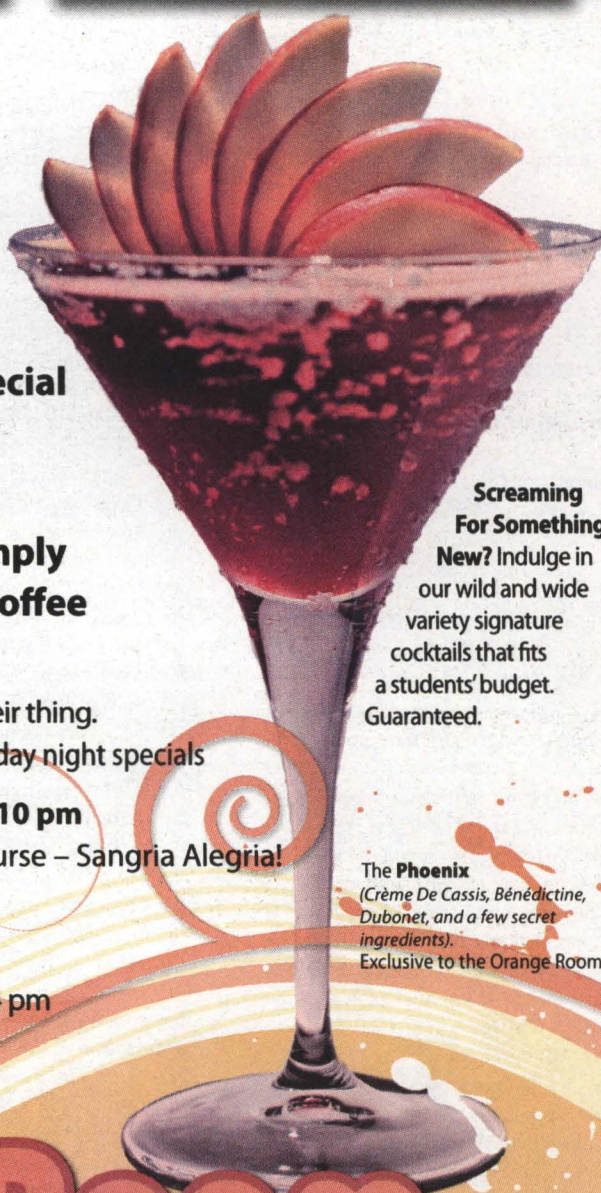
Bistro Lunches: Mon. to Fri. - 11 am to 4 pm

Tapas Dinners: 4 pm to close

Brunches: Sat. & Sun., 8 am to 4 pm

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